

**A YEAR OF
EXPANSION**
IMPACT
REPORT **2021**



LETTER FROM BOARD OF DIRECTORS & EXECUTIVE TEAM

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the Most Gracious, the Most Merciful

Asalaamu 'alaikum - peace be upon you,

At the start of 2021, Muslim Youth for Positive Impact made a promise: to commit ourselves to a Year of Expansion. We had planned to grow in many areas across MYPI including, but not limited to:

1. Establishing the first-of-its-kind Mental Wellness Program for Muslim youth
2. Expanding the number of mentor-mentee pairs supported by the Mentorship Program
3. Elevating our support and food assistance to refugee families through the Adopt-a-Family Program

By the grace and mercy of the Most High, MYPI has been successful in our mission to grow, Alhamdulillah!

When the refugee crisis in Afghanistan worsened, we witnessed people from all over Colorado mobilizing to serve and welcome our new community members. When the crisis in Boulder, CO took place so close to home, we witnessed healers, caretakers, and mental health professionals emerge to make sure youth and their families were supported emotionally during these difficult times. When tragedies struck from within the community, the MYPI family always came together to give a helping hand where needed, to offer the comfort of friendships, and to open our arms and hearts.

When we look back on 2021 and truly reflect, MYPI did indeed expand in many ways, and the expansion that we are most proud of as an organization is in our hearts, increasing in compassion and care for one another and for the important work that is truly making a positive impact on the lives of Muslim youth and their communities.

Our organization has grown with the support of each and every one of YOU: our donors, sponsors, community leaders, partners, volunteers, staff, and our youth. With every moment and every dollar of contribution comes an overwhelming amount of Barakah, blessings, to amplify the magnitude of our reach!

Join us as we explore the past Year of Expansion and set plans for 2022, the Year of Anchoring Excellence. BismAllah!

Board of Directors & Executive Team



“THE BEST OF PEOPLE ARE THOSE THAT BRING THE MOST BENEFIT TO THE REST OF MANKIND.”

Prophet Muhammad (SAW)



Muslim Youth for Positive Impact

is a non-profit organization founded in 2018 with the mission to empower youth with the Islamic identity and principals to make a positive impact on their communities, environment, and relationships that promote responsible citizenship and stewardship. Inspired by the Prophetic tradition of service, MYPI focuses on providing holistic programming to the youth in our community so they can in turn live a life of service.

MYPI fulfills its mission with both proactive and reactive programming:

Youth Development: Nurturing the potential and confidence in Islamic identity of every youth

Family Support: Providing support groups and professional services for youth and families to strengthen their relationships

Social Support: Offering unique opportunities for the youth to socialize and build strong communities

Stewardship: Encouraging the youth to give back and serve

BY THE NUMBERS

100k

MUSLIMS ACROSS 13 CITIES
CALL COLORADO HOME

50%

OR MORE OF OUR POPULATION
ARE FIRST-GENERATION
IMMIGRANTS WHOSE PARENTS
CAME TO THIS COUNTRY

20+

LANGUAGES AND CULTURES
IN OUR COMMUNITY



“ MYPI is a one of a kind program that not only supports our youth, but also supports the overall community. When our youth are supported, we are all supported. The frequent events on varying topics are helpful for us all. I love attending them and being a part of this organization!”

OUR PROGRAMS

MENTAL WELLNESS

The **MYPI Mental Wellness Program** is a youth-centered mental health support program designed to:

1. Create access to culturally competent services
2. Build trust between youth and all aspects of the community, including parents, religious leaders and mental health professionals
3. Break the stigma thereby creating a cultural and emotional pathway to healing
4. Empower youth through identity development, story-telling and opportunities for creative problem solving

We have launched the MYPI Wellness House, which offers basic counseling services for youth and their families by our trusted Muslim mental health professionals.

YOUTH DEVELOPMENT

The **MYPI Mentorship Program** provides ongoing support to Muslim youth to ensure their continued growth, wellbeing, and success.

1. Our mentees are able to set and achieve personal, academic, spiritual, professional, and wellness goals through a year-long one-on-one mentorship
2. Our mentors are trained, passionate individuals who want to give back to their community and understand what it means to grow up Muslim in America

Through their mentorships, mentees become empowered with the Islamic identity and principles to make positive impacts on their communities, environment, and relationships.



OUR PROGRAMS

LEADERSHIP & STEWARDSHIP OPPORTUNITIES

The Adopt-A-Family Program allows youth to be matched with a refugee family in the community to mentor and support throughout the year. These refugee families are identified through our partner refugee resettlement agencies. We provide our refugee families with:

1. Free of charge basic necessity items through our partner donation center at North Metro Denver Islamic Center
2. Financial assistance for emergency utility/rental expenses
3. Food relief efforts in collaboration with North Metro Denver Islamic Center

Each Youth Ambassador is trained to become a community navigator so they can ensure their refugee family has access to all the different resources available to them within their community and at MYPI in the hopes of helping them become self-sufficient.

PATHWAYS TO SUCCESS

The Pathways to Success Program builds preparedness in underserved youth to remove institutional barriers and bring more people of color into the STEM field while instilling strong character traits in youth paving their path to resiliency and success. With a focus on:

1. Tutoring
2. Internship matching
3. Leadership opportunities

MYPI aims to empower youth to reach their full potential and create not just leaders for tomorrow but leaders of today.



THE YEAR OF EXPANSION



IN 2021, WE PROMISED TO:

Expand our mental health efforts by creating the **new Mental Wellness Program** that would allow MYPI to become an accessible and trusted network for youth mental wellness in the Muslim community.

With the mercy of Allah and the support of our community, **We Delivered:**

- Established a network with Muslim mental health professionals
- Hosted a first of its kind mental wellness open mic event and monthly educational workshops
- Conducted a comprehensive community survey that touched on access, attitudes, barriers, and needs

IN 2021, WE PROMISED TO:

Expand our **Pathways to Success Program** with The Leadership Cohort, where our Youth Ambassadors will gain and practice leadership skills to be leaders of today.

With the mercy of Allah and the support of our community, **We Delivered:**

- We empowered 22 youth ambassadors and interns with development opportunities to drive impact throughout the different MYPI programs

Mental Wellness by the Numbers

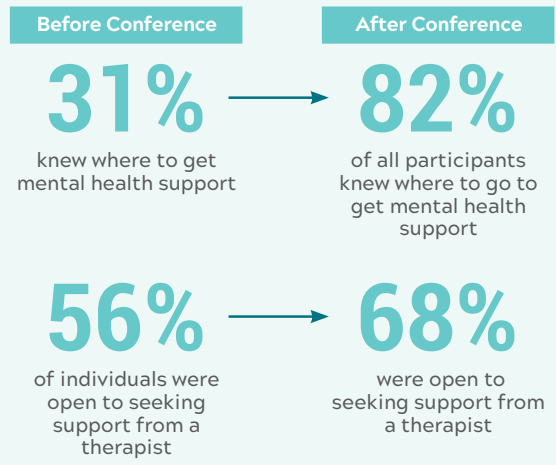
8

MUSLIM MENTAL HEALTH PROFESSIONALS SUPPORTING MYPI YOUTH

195

ATTENDEES AT FIRST-OF-ITS-KIND MUSLIM MENTAL HEALTH CONFERENCE

The following shifts in access & attitude were reported:



3,156 PARTICIPANTS IN MYPI PROGRAMS AND SERVICES IN 2021



IN 2021, WE PROMISED TO:

Increase the number of our mentees in our [Mentorship Program](#) to make a larger impact on their lives and invite more community members to serve as mentors for empowering youth.

With the mercy of Allah and the support of our community, **We Delivered:**

100%

MENTEES SAID THEY FEEL SAFE AND TRUST THEIR MENTOR

91%

MENTEES SAID THEY ARE ACHIEVING THEIR GOALS AT AN ACCEPTABLE OR FASTER PACE THAN THEY HOPED

IN 2021, WE PROMISED TO:

Expand our [Adopt-a-Family Program](#) by supporting more families with food and general assistance.

With the mercy of Allah and the support of our community, **We Delivered:**

Adopt-a-Family by the Numbers

3,600

COMMUNITY MEMBERS ASSISTED WITH FOOD RELIEF

12

MENTOR REFUGEE FAMILIES

\$10,681

COMMUNITY FINANCIAL AID (INCLUDES GROCERY CARDS FOR REFUGEE FAMILIES)

600+

REFUGEE FAMILIES HAVE BENEFITED FROM OUR PARTNER DONATION CENTER

Mentorship by the Numbers

31

MENTEES



9 males



22 females

27

MENTORS



11 males



16 females





THE YEAR AHEAD



As a learning organization, we have asked our community and we listened to our community and MYPI Family.

IN 2022:

We will focus on Anchoring Excellence (Ihsan).

We will identify the core focus areas of MYPI.

We will anchor our systems to ensure organizational success.

We will anchor our monthly sponsor support.

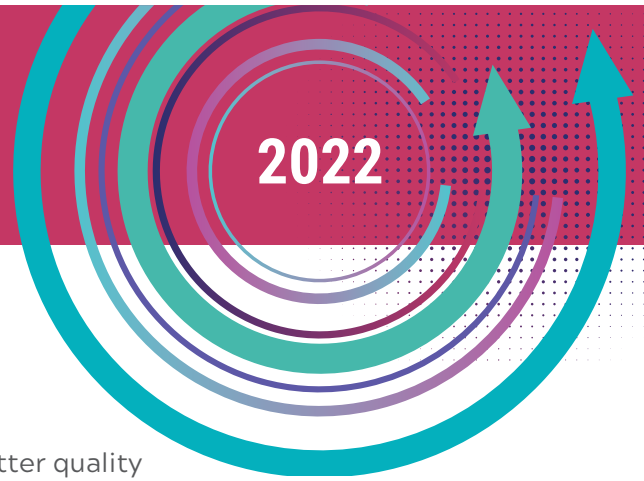
We will anchor our processes to a more scalable organizational model.

We will anchor our unified partnerships with our beautiful Colorado community to serve the needs of our youth and their families.

We will anchor our programs with holistic and quality care for our youth.

We will anchor and strengthen leadership opportunities for more youth ambassadors and interns.





ANCHORING EXCELLENCE IN MENTAL HEALTH

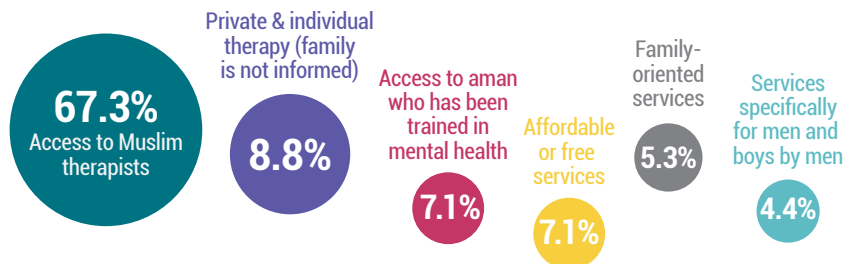
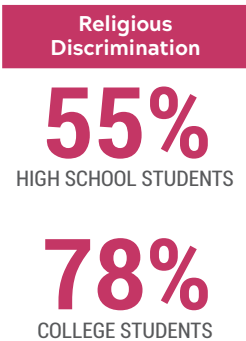
We believe that youth involved in MYPI will generally have better quality of mental health, but through our mentorship, peer-to-peer and basic community connections (including with the refugee community), we do not have access to the data that speaks as deeply to the need as the individuals coming our way to seek help. Given the COVID-19 pandemic, the influx of refugees, the level of violence happening in Muslim nations, the level of turbulence happening here in the United States, it is safe to say that our community is in a particularly delicate identity experience that commends competition and right-fit services.

Muslim Youth Mental Health by the Numbers

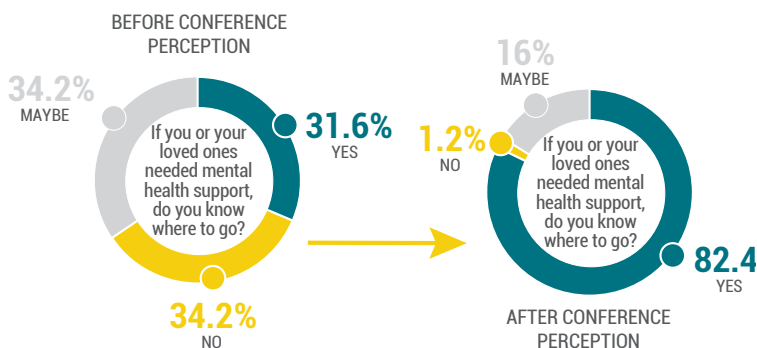


MYPI programming touches on the evidence-based solutions for mental wellness in the youth community. From our identity workshops, to our open mics, to the involvement of our imams and Islamic spirituality in our programming, we are holistically nurturing several aspects of the community, trying to strengthen and build the various connections in the youth microsystem.

What would make it easier for you to seek support for mental health?



Talking, whether to a friend, parent, or sibling, is a primary coping mechanism for many. Our Mental Wellness Program takes into consideration the various individuals who interact in the lives of youth. It is shown that youth incline towards talking to a friend (rather than a parent) when they're feeling down, **highlighting the importance of peers in the lives of youth**. MYPI is working to promote this youth interaction to meet the preferences, while also strengthening relationships between parents and youth to cultivate improved mental health.



OTHER FACTORS AFFECTING MUSLIM YOUTH MENTAL HEALTH



unsupportive parenting

identities

GETTING INVOLVED



" I feel that MYPI has a big impact on the youth in which it strengthens the youths mindset in a positive way. It helps the youth with their daily struggles such as school, mental health, friends, and learning about Islam."



YOUTH

REGISTERED YOUTH

Become a registered MYPI Youth and get full access to MYPI services, programs, and events including past event recordings and resources

YOUTH AMBASSADORS

Become ambassadors of change by representing MYPI and playing key roles in various programs

YOUTH IMPACT LEADERS

Become the leaders and voices of MYPI, grow with MYPI and set an example for the younger and/or new MYPI youth

INTERNS

Work with MYPI to help us advance our programs while gaining valuable experience as well as leadership and professional skills

COMMUNITY

PARENTS

Trust us to serve your children's needs and to empower them to make a positive impact in their own lives

PROFESSIONALS, YOUNG ADULTS

Become mentors in the Mentorship Program, speakers and panelists for future events

LEADERS & OTHER ORGANIZATIONS

Help us spread the word about MYPI in order to reach youth all across Colorado
Allow us to learn from your extensive experience and to support each other's important work
Collaborate on events and opportunities

The positive impact that MYPI has had on our youth and our community

0%

0.8%

3.4%

36.1%

59.7%

1

2

3

4

5

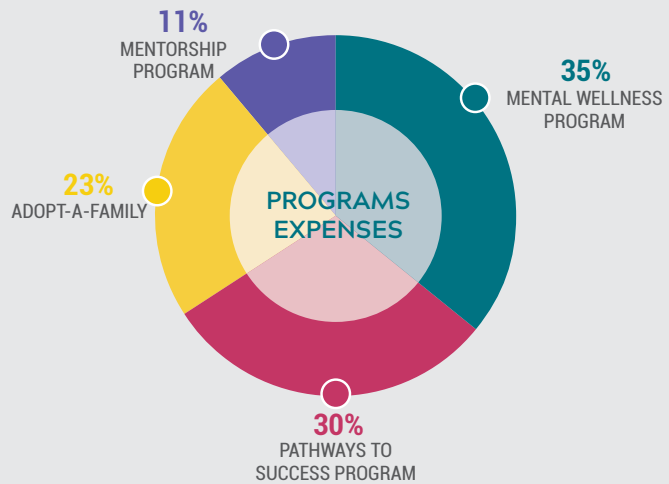
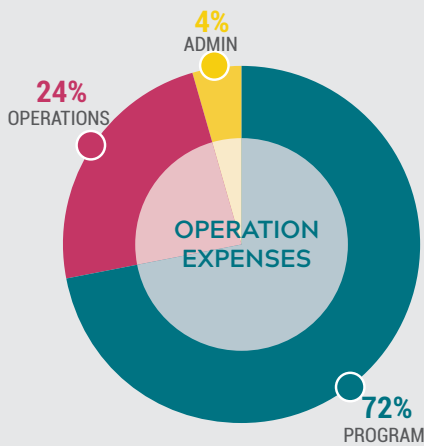
POSITIVE IMPACT RATINGS

YOUTH Empowerment Starts with You!



TO ACHIEVE OUR VISION FOR 2022 WE NEED THE SUPPORT OF OUR DONORS, MONTHLY SPONSORS AND COMMUNITY TO ANCHOR OUR EFFORTS IN SUSTAINING MYPI'S GROWTH FOR THE LONG JOURNEY OF SERVICE AHEAD OF US AS WE INTEND TO EMPOWER THE MUSLIM YOUTH OF COLORADO AND THEIR FAMILIES FOR MANY YEARS TO COME INSHAALLAH.

FINANCIALS



DONATE to MYPI
[MYPI.org/donate](https://mypi.org/donate)

SPONSOR

Become a Monthly Sponsor
for as little as

\$10
PER MONTH





**"... AND IF ANYONE SAVED A LIFE,
IT WOULD BE AS IF HE SAVED THE LIFE OF ALL MANKIND."**

- QURAN [5:32]



BREAK THE STIGMA

and know it's okay
to ask for help

MYPI wants to help you
reach out to mental health
resources

1-800-273-8255
National Suicide Hotline

080-880-82008
Muslim Youth Hotline

741-741
Crisis Text Line

855-543-5752
Khalil Center Helpline

1-866-626-3342
Naseeha Helpline

www.mypi.org
contact@mypi.org



As we reflect on the verse above, indeed, we believe that MYPI's work is impactful. If we make an impact on one person, surely the whole world is impacted. We hope you are all as excited as we are about these amazing projects!

WITHOUT OUR FUNDERS, SPONSORS, PRIVATE DONORS AND THE ENTIRE MYPI FAMILY, WE COULD NOT HAVE MADE SUCH A BIG IMPACT. WE ARE GRATEFUL TO ALLAH SWT AND ASK HIM TO BLESS EACH AND EVERY ONE OF YOU FOR THE CONTRIBUTIONS AND THE SUPPORT YOU GAVE. WITH THAT SAID, THERE IS MORE WORK TO BE DONE. 2022 IS THE YEAR OF ANCHORING EXCELLENCE, AND MYPI HAS BIG PLANS, AND WE ARE GOING TO NEED YOUR HELP!